

Heddingham School & Sixth Form

Personal Development Sessions Rota - Years 7-11 - 2021-2022

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11
30/08/2021	Welcome Back	Welcome Back	Welcome Back	Welcome Back	Welcome Back
06/09/2021	The Keys To Heddingham School	RRS and the Road Ahead	RRS and the Road Ahead	Year 10 Transition	RRS and the Road Ahead
13/09/2021	The Keys To Heddingham School	The Road Ahead - Skills	LORIC (21st Century Skills)	Year 10 Transition	Study Skills
20/09/2021	The Keys To Heddingham School	Literacy	Literacy	Literacy	Next Steps/Career Pathway
27/09/2021	eSafety	eSafety	eSafety	eSafety	eSafety (Out on 29th)
04/10/2021	Black History Month	Black History Month	Black History Month	Black History Month	Black History Month
11/10/2021	Careers - LORIC	Careers	Careers	Careers	Careers
18/10/2021	Human/British/Community Values	Human/British/Community Values	Human/British/Community Values	Human/British/Community Values	Human/British/Community Values
25/10/2021	Half Term	Half Term	Half Term	Half Term	Half Term
01/11/2021	Numeracy	Numeracy	Numeracy	Numeracy	The Road Ahead (Mocks)
08/11/2021	Healthy Relationships - Self Esteem	Healthy Relationships - Gangs	Healthy Relationships	Healthy Relationships - Positive	Careers - Economic well-being
15/11/2021	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week
22/11/2021	Literacy	Literacy	Literacy	Literacy	Literacy
29/11/2021	Healthy Relationships	Healthy Relationships - Balancing my life	LORIC Skills	LORIC Skills	Healthy Relationships
06/12/2021	LORIC Skills - Organisation	LORIC Skills	LORIC Skills	LORIC Skills	LORIC Skills
13/12/2021	Christmas Celebration	Christmas Celebration	Christmas Celebration	Christmas Celebration	Christmas Celebration
20/12/2021	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
27/12/2021	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
03/01/2022	RRS Expectations	RRS Expectations	RRS Expectations	RRS Expectations	RRS Expectations
10/01/2022	Healthy Relationships - Mental Health	Healthy Relationships	Healthy Relationships - Radicalisation	Healthy Relationships	Study Skills - The 6 Rs
17/01/2022	Literacy	Literacy	Literacy	Literacy	Study Skills - The 6 Rs
24/01/2022	Careers / Economic well-being	Careers / Economic well-being	Careers / Economic well-being	Careers / Economic well-being	Careers / Economic well-being
31/01/2022	LGBTQ History Month	LGBTQ History Month	LGBTQ History Month	LGBTQ History Month	LGBTQ History Month
07/02/2022	eSafety	eSafety	eSafety	eSafety	eSafety
14/02/2022	Half Term	Half Term	Half Term	Half Term	Half Term
21/02/2022	Healthy Relationships - Diet	Healthy Relationships	Guided Choice	RRS Expectations	Anti-Bullying
28/02/2022	Healthy Relationships - Media & Me	Healthy Relationships	Guided Choice	Healthy Relationships	Healthy Relationships
07/03/2022	Gender Equality	Gender Equality	Gender Equality	Gender Equality	Gender Equality
14/03/2022	Literacy	Literacy	Literacy	Literacy	Literacy
21/03/2022	Racial Equality	Racial Equality	Racial Equality	Racial Equality	Racial Equality
28/03/2022	Careers - Economic well-being	Careers - Economic well-being	Healthy Relationships	Careers - Economic well-being	Careers - Economic well-being
04/04/2022	Easter Break	Easter Break	Easter Break	Easter Break	Easter Break
11/04/2022	Easter Break	Easter Break	Easter Break	Easter Break	Easter Break
18/04/2022	Environmental Awareness National Earth Day	Environmental Awareness National Earth Day	Environmental Awareness National Earth Day	Environmental Awareness National Earth Day	Environmental Awareness National Earth Day
25/04/2022	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships
02/05/2022	Literacy	Literacy	Literacy	Literacy	Literacy
09/05/2022	Careers - Economic well-being	Careers - Economic well-being	Careers - Economic well-being	Careers - Economic well-being	Careers - Economic well-being
16/05/2022	eSafety	eSafety	eSafety	Careers - Economic well-being	eSafety
23/05/2022	LORIC Skills	LORIC Skills	LORIC Skills	LORIC Skills	LORIC Skills
30/05/2022	Half Term	Half Term	Half Term	Half Term	Half Term
06/06/2022	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Anti-Bullying Week	Exam Focus
13/06/2022	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships	Exam Focus
20/06/2022	Careers	Careers	Careers	Careers	Exam Focus
27/06/2022	Literacy	Literacy	Literacy	Literacy	Exam Focus
04/07/2022	Celebrating Difference and Diversity	Celebrating Difference and Diversity	Celebrating Difference and Diversity	Celebrating Difference and Diversity	Exam Focus
11/07/2022	LORIC Skills	LORIC Skills	LORIC Skills	LORIC Skills	Exam Focus
18/07/2022	Summer Safety	Summer Safety	Summer Safety	Summer Safety	Exam Focus