



HEDINGHAM SCHOOL
AND SIXTH FORM
ACHIEVEMENT & EXCELLENCE

Official Sensitive

5 February 2024

Dear Parent/Guardian

Year 7 - Relationships and Sex Education

In accordance with the Government guidelines, Hedingham School provides students with a personal development programme which delivers content related to Relationships and Sex Education. To support this, we utilise block sessions (off timetable) to explore a variety of different issues. We have a dedicated team of Hedingham teaching staff to run the sessions.

Students in **Year 7** will have their RSE sessions on 14 February when they will be given information about topics including:

- **E-safety**
- **Puberty**
- **First Aid**

Some parents prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their children from all or part of the relationships and sex education except for those parts included in the statutory National Curriculum (ie in Science lessons) or in subjects where apparently unrelated topics lead to a discussion on aspects of sexual behaviour. We would make alternative arrangements in such cases. The request to withdraw must be made in writing to the Headteacher by completing the attached form.

Parents are welcome to review any RSE resources the school uses and are encouraged to discuss their decisions with staff at the earliest opportunity. The school policy on Relationships and Sex Education is available in full on the Hedingham School website in the policies section under School Information.

Yours sincerely

Mr Nash
Assistant Headteacher

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Headteacher • Andrew Harvison BSc (Hons) PGCE NPQH

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Approved Centre



Year 7 RSE Sessions – Reply Slip

TO BE COMPLETED BY PARENT/GUARDIAN

Name of Student:		Class	
Name of Parent/Guardian:		Date	
<i>Reason for withdrawing from sex education within relationships and sex education</i>			
Parent/Guardian's Signature:			

Please complete and return to the **FRONT OFFICE** by 8.40am Monday 12 February 2024