



HEDINGHAM SCHOOL AND SIXTH FORM

ACHIEVEMENT & EXCELLENCE

September 2026

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Dear Parent/Guardian

At Hedingham School, the safety, health and wellbeing of our students remains our highest priority. We are writing to inform you of an important update regarding medical conditions and allergies in schools.

Under Benedict's Law (part of the Children's Wellbeing and Schools Act 2026), schools in England must follow new mandatory statutory allergy safety guidance from September 2026. These measures are designed to improve the identification, management and support of children and young people with allergies and other medical conditions.

To ensure that our records are accurate and that we can provide appropriate care and support for all students, we ask that any parent or guardian whose child has any allergies, asthma or any other relevant health need, provides us with up-to-date information.

If your child has such medical condition and we do not currently hold this information, please complete the Microsoft Form via the link below as soon as possible.

[Hedingham School & Sixth Form – Fill out form](#)

If you need to provide documentation, then please email the documents to Mrs Harlow, Medical Officer, via the following email address: hed.harlowb@hedingham.essex.sch.uk

Having this information readily available enables us to put appropriate support measures in place and ensure that staff are aware of any specific medical requirements.

We would also like to take this opportunity to remind all families that Hedingham School is a nut-free school. We have several students with significant nut allergies, where exposure through either ingestion or contact could result in a serious allergic reaction.

We therefore ask for your full support in ensuring that no nuts or products containing nuts are brought into the school building. This includes packed lunches, snacks and any food items brought in for events or celebrations. By working together, we can help maintain a safe environment for all members of our school community.

Thank you for your cooperation and continued support.

Yours sincerely

Mr P Finch
Headteacher

Headteacher • Paul Finch BSc (Hons) PGCE NPQH

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