

WEEKLY

MENU

Hedingham School & Sixth Form - Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Curry served with Steamed Rice

Beef Fajita Wrap served with Steamed Rice

BBQ Chicken served with Savoury Rice

Spaghetti Beef Bolognese

Chip Shop Friday 'Battered Fish with Chips'

Sweet Potato & Vegetable Curry served with Steamed Rice

Mixed Vegetable & Black Bean Stir Fry served with Egg Noodles

BBQ Plant Based Ragu served with Savoury Rice

Vegetarian Spaghetti Bolognese

Roasted Pepper Enchilada with Tomato Salsa

Selection of Fresh Vegetables

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Sides - Baked Beans or Steamed Peas

Creamy Tomato Pasta

Mac 'n' Cheese Pasta

Tomato & Basil Pasta

Three Cheese Pasta

Tomato & Mozzarella Pasta

Jacket Potato served with a Selection of Daily Fillings

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Cinnamon Apple Cake with Custard Sauce

Chocolate Sponge with Custard Sauce

Oaty Flapjack

Chocolate Brownie

Chocolate Chip Cookie

Available daily

A Selection of Sandwiches, Baguettes, Wraps, Fruit Pots, Yoghurt Pots, Whole Fruit, Pasta Pots, Salad Boxes & more.