



27 January 2023

Dear Parent/Guardian

Relationships and Sex Education – Year 7

I am writing to you with regards to Relationships and Sex Education (RSE) at Hedingham School. RSE is one element of our student Personal Development programme, the purpose of which is to equip students with the knowledge they need to enable them to live safe, fulfilled and healthy lives.

Aside from your child's three sessions of Personal Development each week, students will have a focus morning which explores more sensitive areas of RSE and their personal development. The programme has been carefully considered in light of the contextual safeguarding issues within the wider community, including on-line risks, as well as being age appropriate. The RSE session objectives are available on our website under the Curriculum tab.

Right of Withdrawal of Students from Relationships and Sex Education

Some parents prefer to take the responsibility for aspects of this element of education. You have the right to withdraw your child from all or part of the Relationships and Sex Education except for those parts included in the statutory National Curriculum.

A copy of our Personal Development and Relationships and Sex Education Policies can be found on our website under School Information.

I have included below an extract from the Department of Education guidance 2020 which describes the aim of the Relationships and Sex Education programme:

'Relationship and Sex Education (RSE) is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. It is also about the teaching of sex, sexuality and sexual health.'

Parental Feedback

We will write to you again before each the Year 7 focus morning. If you would like more information or to give feedback on any aspect of our Personal Development and Relationships and Sex Education Programme, please complete the electronic form via the link below – either by clicking on it or pasting it into your browser:

https://forms.office.com/Pages/ResponsePage.aspx?id=qPr373A2JEmt6YBaKt_TTwQ5gnk1JSVLjDHeOcw_OaJUM1E1SkIEUTBWV1NCTUFYNidQRkIOSVJEQy4u

Yours sincerely

Mr D Nash
Assistant Headteacher

Headteacher • Andrew Harvison BSc (Hons) PGCE NPQH

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Year 7 RSE Session

TO BE COMPLETED BY PARENTS

Name of child		Class	
Name of parent		Date	

Reason for withdrawing from sex education within relationships and sex education

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Parent's signature	
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