## Year 10 Assembly and Tutor Time Schedule

Week Beginning	Theme	Personal Development Session
WEEK I	Ready	Year 10 Transition
		Welcome Assembly from the Headteacher – School Mission & Values
		<ul> <li>Establish a positive start to the year</li> <li>Highlight and revisit expectations</li> </ul>
WEEK 2	Ready	Year 10 Transition
TYLLIX Z	Ready	Highlight the differences between KS3 and KS4
		-Introducing new attitudes to learning to focus on the GCSE's
WEEK 3	Ready	Set short term targets for the year ahead  Literacy
VVEEK 3	Ready	Revisiting adverbs
		Homophones
		Closing the literacy gap after the pandemic
WEEK4	Ready	e-Safety
		To identify strategies for keeping safe online: the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others
		To know what responsible use of mobile phones is: safe keeping (looking after it) and safe user habits (time limits, use of pass code,
		turning it off at night)
WEEK 5	Respect	An Introduction to Black History Month
		'Show Racism the Race Card.' The Red Card.Org
		What is black history month? A look at why we celebrate this and how it still impacts out life in modern society
		<ul> <li>A case study of black footballers and how they are presented in the media. Looking at the stereotypes and impact of media on</li> </ul>
		black celebrities
		A celebration of black women and the impact they have had on society
WEEK 6	Ready	Careers/ Economic Well Being
		Careers in the Curriculum
		<ul> <li>World of work and apprenticeships</li> <li>What is the labour market?</li> </ul>
		What are local, national and international employment opportunities?
		<ul> <li>What are different employment sectors and types? What are the changing patterns of employment?</li> </ul>
WEEK 7	Respect	Human Values/ British Values / Our Community Values
		To assess the causes and personal consequence of extremism and intolerance in all their forms
		<ul> <li>To recognise that social media may disproportionately feature exaggerated of inaccurate information about situations, or extreme viewpoints</li> </ul>
		<ul> <li>To recognise why and how this may influence opinions and perceptions of people and events</li> </ul>
		<ul> <li>To recognise the shared responsibility to challenge extreme viewpoints that incite violence or hate and ways to respond to</li> </ul>
		anything that causes anxiety or concern

WEEK 8	Ready	Why Numeracy Matters Using Numeracy in our every day lives
WEEK 9	Respect Safe	Healthy Relationships  Positive and Healthy Friendships  Characteristics of positive and healthy friendships (in all contexts including online) including trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship
WEEK 10	Respect Safe	<ul> <li>Anti-Bullying Week</li> <li>To recognise when others are using manipulation, persuasion or coercion and how to respond</li> <li>The law relating to abuse in relationships, including coercive control and online harassment</li> <li>To recognise when a relationship is abusive and strategies to manage this</li> <li>The skills and strategies to respond to exploitation, bullying, harassment and control in relationships</li> </ul>
WEEK II	Ready	<ul> <li>Literacy</li> <li>To examine our approaches to texts</li> <li>To build on our literacy skills to feed directly into the GCSE's</li> <li>To examine our summative skills</li> </ul>
WEEK 12	Ready	LORIC Skills  (Leadership, Organisation, Resilience, Initiative & Communication)  To develop the skills of team work including objective setting, outcome planning, cooperation, negotiation managing setbacks and compromise
WEEK 13	Ready	LORIC Skills  (Leadership, Organisation, Resilience, Initiative & Communication)  Develop the skills of active listening, negotiation, offering and receiving constructive feedback and assertiveness
WEEK 14	Respect	A Celebration of Christmas  How Christmas is celebrated by different cultures  How to use the Christmas holidays to recharge and reflect
WEEK 15	Ready Respect Safe	Ready Respect Safe Expectations
WEEK 16	Respect Safe	<ul> <li>Healthy Relationships</li> <li>To know the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health</li> <li>To identify why change can impact on our mental health and wellbeing and to recognise the need for emotional support during life changes and/ or difficult experiences</li> <li>To develop a broad range of strategies – cognitive and practical for promoting your own emotional well-being, for avoiding negative thinking and for ways of managing mental health concerns</li> <li>Examining what makes a healthy relationship</li> <li>Preparing for the future and how to approach relationships</li> </ul>
WEEK 17	Ready	Literacy      Analysing non-fiction texts     Examining newspapers

		Examining texts that will be on the GCSE Language paper
WEEK 18	Ready	Careers/ Economic Well Being Careers In The Curriculum Week 2 World of work and apprenticeships  To evaluate the financial advantages, disadvantages and risks of different models of contractual terms, including self-employment, full time, part time and zero hours contracts  The skills to challenge or seek support for financial exploitation in different contexts, including online.
WEEK 19	Respect	LGBTQ History Month  Communicate the meaning of LGBTQ  To understand key terms  To explore what is meant by an inclusive community
WEEK 20	Safe	e-Safety  The importance of protecting their own and others' reputations; protecting their 'online presence.' The concept of having a personal 'brand' that can be enhanced or damaged'  Strategies for protecting and enhancing their personal and professional reputation online Identifying positive and safe ways to create and share content online and the opportunities this offers
WEEK 21	Ready Respect Safe	Ready Respect Safe Expectations
WEEK 22	Respect Safe	Healthy Relationships  To know how to distinguish on-line relationships including gaming and social media Understanding the dangers of using these things on the internet Examining how we use the internet and how our friends use the internet Are we safe?
WEEK 23	Respect	Gender Equality International Woman's Day Understand the term gender equality and the importance of equal opportunity Explore the importance of gender equality. Investigate examples
WEEK 24	Ready	<ul> <li>Literacy</li> <li>Examining our speaking and listening skills with regards to the speaking and listening English component for the GCSE.</li> <li>Examining how to speak in a more formal manner</li> <li>Tone, pace, delivery and content</li> </ul>
WEEK 25	Respect	Racial Equality International Day of Elimination of Racial Discrimination
WEEK 26	Ready	Careers – Economic Well Being  To evaluate and further develop my study and employability skills  To evaluate my own personal strengths and areas for development and use this to inform my goal setting  How my strengths, interests, skills and qualities are changing and how these relate to future career choices and employability

WEEK 27	Respect	Environmental Awareness
		National Earth Day
		<ul> <li>Exploring what National Earth Day is, what the history of it is and what a carbon foot print is</li> </ul>
		Fast fashion: what the problems are with the fashion industry and how to reduce our waste
		A look at David Attenborough's job and what he can tell us about how to help the Earth
WEEK 28	Respect	Healthy Relationship
	Safe	<ul> <li>To access and manage risks associated with cosmetic and aesthetic procedures, including tattooing, piercings and the use of sunbeds</li> </ul>
		The ways in which industries can influence health and harmful behaviours
		To make informed lifestyle choices regarding sleep, diet and exercise
WEEK 29	Ready	Literacy
	,	To examine persuasive writing techniques
		To examine SPAG in more detail
		To practise speech-writing
		To examine how to plan these sessions
WEEK 30	Ready	Careers/ Economic Well Being
VVEEK 30	Ready	World of work and apprenticeships
		What are different types and patterns of work, including employment, self-employment and voluntary work, that everyone has a
		different pathway through life, education and work
		What are my employment rights and responsibilities?
		How do I manage my emotions in relation to future employment?
WEEK 31	Ready	Careers/ Economic Well Being
		World of work and apprenticeships
		Examining how much they are paid and which industry that you may want to go into
WEEK 32	Ready	LORIC Skills
	,	(Leadership, Organisation, Resilience, Initiative & Communication)
		Why LORIC is needed fo the workplace
WEEK 33	Respect	Anti-Bullying
	Safe	Reach Out
		How to step up and speak out
		Knowing 'the line'
WEEK 34	Respect	Healthy Relationships
		To know the characteristics and benefits of strong, positive relationships. Including mutual support, trust, respect and equality.
		To respond appropriately to indicators of unhealthy relationships, including seeking help where necessary
		<ul> <li>Identify diversity in romantic and sexual attraction and developing sexuality, including sources of support and reassurance and</li> </ul>
		how to access them
		HOW TO ACCESS THEIR
WEEK 35	Ready	Careers in The Curriculum Week 3
		Careers – Economic Well Being
		World of work and apprenticeships

WEEK 36	Ready	No PD time- Mock Examinations
WEEK 37	Ready	No PD time- Mock Examinations
WEEK 38	Ready	LORIC – Skills needed for the 21 <sup>st</sup> Century World  How do I evidence skills?
WEEK 39	Safe	Summer Safety  How to be safe in the community Sun safety Who to contact