

WEEKLY

MENU

Hedingham School & Sixth Form Week 2



Monday

Tuesday

Wednesday

Thursday

Friday

Chinese Chicken Style Stir-Fry Served with Egg Noodles

Italian Style Beef Lasagne Served with Rustic Bread

Roast of the Day Served with Roasted Potatoes & Gravy

Chicken Tikka Style Curry Served with Steamed Rice

Traditional Fish & Chips

Mixed Vegetable Chow-Mein Style Served with Egg Fried Rice

Baked Creamy Cauliflower & Cheese Served with Rustic Bread

Root Vegetable Pie Served with Roasted Potatoes & Gravy

Butternut Squash & Lentil Curry Served with Steamed Rice

Vegetarian Samosa Served with Chips

Tender Sweetcorn

Sliced Steamed Carrot

Savoy Cabbage

French Green Beans

Garden Peas or Baked Beans

Jacket Potato with a Selection of Hot & Cold Fillings

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Tomato & Basil Pasta

Carbonara Pasta

Green Pesto Pasta

Creamy Tomato Pasta

Olive Oil & Oregano Pasta

Jam and Coconut Sponge Cake with custard

Rice Pudding

Apple Meringue Pie

Marble Cake Served with Custard

Apple Crumble Served with custard

Loaded Pizza, One Pot Meal & Filled Panini of the Day

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A Selection of Freshly Made Sandwiches, Baguette, Dessert Pot, Fresh Fruit Pot & Salad Shaker.