

WEEKLY

MENU

Hedingham School & Sixth Form Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Chilli Beef & Mixed Peppers
Served with Steamed Rice

Slow Cooked Creamy Chicken
& Bacon Pasta Bake

Roast of the Day Served with
Roasted Potato & Gravy

Korean Chicken Style Curry
Served with Steamed Rice

Traditional Fish and chips

Cajun Mixed Beans & Root
Vegetables Served with Pearl
Barley

Roasted Vegetable Quiche

Spanish Frittata & Mixed
Peppers

Mixed Beans & Green
Vegetable Teriyaki Wrap
Served with Rice

Quorn Sausages Served with
Chips

Tender Sweetcorn

Glazed Carrots

Steamed White Cabbage

Roasted Cauliflower

Garden Peas or Baked Beans

Jacket Potato with a Selection
of Hot & Cold Fillings

Jacket Potato with a Selection
of Hot & Cold Fillings

Jacket Potato with a Selection
of Hot & Cold Fillings

Jacket Potato with a Selection
of Hot & Cold Fillings

Jacket Potato with a Selection
of Hot & Cold Fillings

Ham & Mozzarella Pasta

Red Pesto & Olive Pasta

Tomato & Oregano Pasta

Creamy Tomato & Basil Pasta

Cheese & Tomato Pasta

Chocolate Sponge Cake

Lemon Drizzle Cake

Sticky Toffee Pudding with
Cream

Lemon and Poppy Seed
Sponge Served with custard

Shortbread Biscuit

Loaded Pizza, One Pot Meal &
Filled Panini

Loaded Pizza, One Pot Meal &
Filled Panini

Loaded Pizza, One Pot Meal &
Filled Panini

Loaded Pizza, One Pot Meal &
Filled Panini

Loaded Pizza, One Pot Meal &
Filled Panini

Selection of Freshly Made Sandwiches, Baguette, Dessert Pot, Fresh Fruit Pot & Salad Shaker.