

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>THAI</p> <p>Thai yellow with chicken</p> <p>Sticky Jasmine Rice</p> <p>Sweet Chilli Broccoli</p>	<p>INDIAN</p> <p>Chicken Tikka Masala</p> <p>Jeera Aloo (cumin flavoured potato)</p> <p>Chana Saag (indian spiced spinach)</p>	<p>BRITISH</p> <p>Roast turkey.</p> <p>Roast potato</p> <p>Broccoli</p>	<p>MEXICAN</p> <p>Mexican Beef Chilli</p> <p>Wholegrain Rice*</p> <p>Charred Courgette Pico De Gallo</p>	<p>BRITISH</p> <p>Home-made Battered Fish Fillet</p> <p>Paprika Dusted Chips (oil)</p> <p>Peas</p>
HIGH STREET FAVES	Loaded Triple Mac 'N' Cheese (v)	Vegetable Lasagne	DEEP SOUTH DINER Ultimate Beef Burger As main meal	Grilled Piri Butternut & Halloumi Skewers	DEEP SOUTH DINER Cajun Pulled Quorn & Bean Pitta
		Chicken thighs Flatbread wrap with Lemon & Herb or Piri Piri	Baked Garlic & Herb Wedges (no oil)		Paprika Dusted Chips (oil)
	Caesar Salad	Chilli Sweetcorn	Green Salad	Sweet Chilli Beans	Apple Slaw
SPEEDY ITALIAN	Veggie Supreme Pizza (v)	Tuna & Sweetcorn Pizza	Hawaiian Pizza	3 Cheese Sicilian Pizza (v)	BBQ Chicken Pizza
	Veg Bolognese Pasta (v)	Quorn & Vegetable Sause(v)	Arrabiata Pasta (v)	Meat Ball Pasta	Herby Tomato Pasta
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
Dessert	Chocolate Brownie	Coconut ice cream	Apple and Blackberry Charlotte with custard	Orange Basbousa tray bake with Creme Fraiche	Chocolate Sponge with Custard