

Hedingham School Student Handbook

BTEC Level 3 Subsidiary Diploma (BTEC Level 3 Certificate)

Sport

Pearson BTEC Level 3 National Subsidiary Diploma in Sport (360 GLH) 500/6751/5
Pearson BTEC Level 3 National Certificate in Sport (180 GLH) 500/6753/9



BTEC Level 3 Subsidiary Diploma in Sport

The Level 3 Subsidiary Diploma is studied over two years and is the equivalent of an A level. It carries UCAS points to support entry to university. The Subsidiary Diploma is made up of seven units. You will study four of them in year 12 and three of them in year 13.

Students who take this course for only one year will take the four year 12 units and, if successful, will gain a BTEC Level 3 Certificate in Sport. (The equivalent of an AS)

Units

Unit	Year 12	Assessment	Code
1	Principles of Anatomy and Physiology	coursework	
2	The Physiology of Fitness	coursework	
3	Assessing Risk in Sport	coursework	
4	Fitness Testing for Sport and Exercise	coursework	

	Year 13	coursework	
17	Psychology for Sports Performance	Coursework	
8	Practical Team Sports	Coursework	
	And one of the following to be confirmed		
33	Land Based Outdoor and Adventurous Activities	Coursework	
11	Rules, Regulations and Officiating	Coursework	
22	Sports Nutrition	Coursework	

Points

As you complete each unit your work will be assessed and you will gain a grade for each of the units.

Each grade is worth a certain number of points. These points are added together to determine the final grade.

This means that if you find one of the units more suited to your style of working then you can do well and this may offset a unit that you find more difficult.

Points available for internally assessed units (coursework).

The table below shows the number of points available for internally assessed units. For each internally assessed unit, points are allocated depending on the grade awarded.

	Unit size	
	30 GLH	60 GLH
U	0	0
Pass	35	70
Merit	40	80
Distinction	45	90

Overall grades awarded for points achieved during the full qualification;

Certificate (1 year)		Subsidiary Diploma (2 years)	
180 GLH		360 GLH	
Grade	Points Threshold	Grade	Points Threshold
U	0	U	0-420
Pass	210-229	Pass	420-459
Merit	230-249	Merit	460-499
Distinction	250-259	Distinction	500-519
Distinction *	260+	Distinction *	520+

Hand in dates.

You will have set hand in dates for your coursework which you MUST meet.

Your work will be assessed and if appropriate you may be offered an opportunity to improve your work. This is called a 'Referral'.

Only the Lead teacher for the subject can allow you a referral. In this subject the Lead teacher is Mrs. Trim.

Failure to meet the hand in date for your work will mean that you cannot have a referral for that piece of work. (Exceptions would apply for extenuating circumstances.)

This could lead to you failing the whole course as you must pass all of the units to be successful and claim a final grade.

Making your coursework your own

It is vital that the coursework that you hand in is your own work. However, you may use information from other places or other people to help you present ideas. You may interview someone and include their information or you may find an interesting piece of information in a leaflet or on the internet.

If you use a diagram or a piece of written text as part of your work then you MUST declare where this came from. If you don't, then you are suggesting that this is your work, which would not be true.

If you are including a quotation from a book, magazine, person, internet or other source, you should indent the quotation and italicize the text. Put the link under this text and then explain the quotation in your own words. The quotation alone is not enough!

Here is an example;

One of the ingredients in tobacco is a mood-altering drug called nicotine. Nicotine reaches your brain in mere seconds. It's a central nervous system stimulant, so it makes you feel more energized for a little while. As that effect subsides, you feel tired and crave more. Nicotine is habit forming.
<http://www.healthline.com/health/smoking/effects-on-body>

Nicotine is inhaled when you smoke cigarettes. It makes you feel as if you have a lot of energy, but this feeling only lasts for a short while. Afterwards you feel more tired and crave more nicotine so that you develop a tobacco smoking habit.

If you are including diagrams in your work, these too need to be referenced, showing where you got that diagram from. You would then write about what this diagram shows.

A list of all the references you have used should be included as a list at the end of your work as a bibliography. It is best to make that list as you go.

Plagiarism

Plagiarism involves taking someone else's words, thoughts or ideas and trying to pass them off as your own. **It is a form of cheating which is taken very seriously.**

Penalties for breaking the regulations

If your work is submitted and it is discovered that you have broken the regulations, one of the following penalties will be applied:

- The piece of work will be awarded zero marks
- You will be disqualified from that unit for the examination series in question
- You will be disqualified from the whole subject for that examination series
- You will be disqualified from all subjects and barred from entering again for a period of time.

REMEMBER – IT IS YOUR QUALIFICATION SO IT NEEDS TO BE YOUR OWN WORK.

Good Luck! We hope you all do really well.